

December 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Welcome to Directional December!</p>	<p>1 December Sale! Spin the wheel at the proshop for the 12 days of Christmas discount!</p>	<p>2 Up, down, across, sideways, or backwards- we will learn all about directions!</p>	<p>3 Snowman</p>	<p>4 In what direction is he pointing?!</p>	<p>5 Snowflakes</p>	<p>6 Try galloping sideways across your living room!</p>	
<p>7 Running sign</p>	<p>8 Snowflakes and ribbon</p>	<p>9 ribbon week</p> <p>Come to class to get your colored ribbon and see all of the new skills you have accomplished!</p>		<p>11 Star</p>	<p>12 Play with the snow outside to help you notice the difference between soft and hard.</p>	<p>13 North, south, east, or west- can you make yourself into a compass?</p>	
<p>14 Go ice skating with your family!</p>	<p>15 Girl stretching</p>	<p>16 Playzone at 11am! Join us for an hour of free play in the gym!</p>	<p>17 Put ABC magnets on a cookie sheet to practice making blends and words!</p>	<p>18 What letters are in the word December?</p>	<p>19 Use holiday cookie cutters with your play dough to make fun shapes!</p>	<p>20 Snowflake</p> <p>Cut out a snowflake with mom or dad and use glitter to decorate!</p>	
<p>21 Gym Closed How do you stay warm outside in the winter time?</p>	<p>22 Arrow Practice writing your name in the snow!</p>	<p>23 Arrow What month comes after December?!</p>	<p>24 Snowman</p>	<p>25 Wreath Christmas Day</p>	<p>26 Santa Claus What is a snow man made of?</p>	<p>27 Circular arrow Take five steps backward, turn around, and ta-da!</p>	
<p> Holly leaf</p>	<p>29 Arrow Can you tell the difference between mittens and gloves?</p>	<p>30 Arrow See you on January 2nd!</p>	<p>31 Girl New Year's Eve A HAPPY NEW YEAR</p>	<p>Virginia Techniques Gymnastics www.vatechniques.com 540.381.5151</p>			