










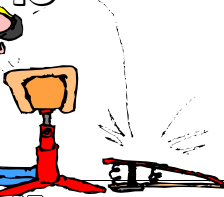







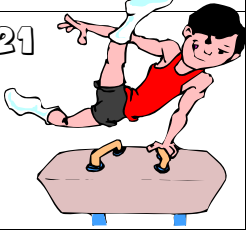
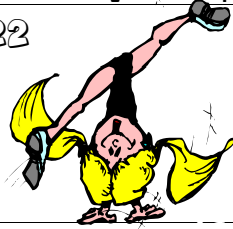




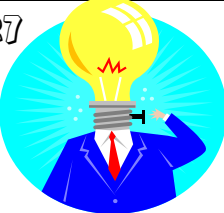






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Welcome to <b>Hue-ly Ju-ly</b> where we use colors to learn new skills!</p> 	<p>Draw pictures outside with your favorite sidewalk chalk color!</p> 		<p>1 What is your favorite thing about summer?</p> 	<p>2 What colors can you find on the American flag?</p> 	<p>3</p> 	<p>4 <b>4th of July</b> Gym Closed</p> 
<p>5 Play <b>I Spy</b> and see how many <b>red</b> things you can find in your house!</p>	<p>6 Do six big sit-ups in the morning!</p> 	<p>7 What is your favorite thing to do at the beach?</p> 	<p>8 What colors are in the <b>rainbow</b>?</p> 	<p>9</p> 	<p>10</p> 	<p>11 What colors mix to make <b>orange</b>? <b>Purple</b>?</p> 
<p>12 How big can you make your straddle?</p> 	<p>13</p> 	<p><b>Mission Possible Summer Camp</b></p> <p>Your mission, should you chose to accept it, is to have the time of your life while exploring through all the unknown secrets of Virginia. Techniques!</p>			<p>17</p> 	<p>18 <b>Blue</b> starts with the same letter as <b>bridge</b>! Show one!</p> 
<p>19</p> 	<p>20 Try to point your toes for a whole car ride!</p> 	<p>21</p> 	<p>22</p> 	<p>23 How many times can you <b>hop</b> on one foot?</p> 	<p>24 What <b>color</b> is the ocean?!</p> 	<p>25</p> 
<p>26</p> 	<p>27</p> 	<p>28 Have you read any books this summer?</p> 	<p>29 What month comes after July?!</p> 	 <p>virginia techniques gymnastics www.vatechniques.com 540.381.5151 </p>		